



STEP BY STEP FALL PROGRAMS 2010-2011

Shelley P. Cox- Executive Director
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FALL Enrollment for all classes has begun – our rate is 11 dollars per hour for all of our classes for families that pay privately and for children that don't require 1:1 intervention for the 2010-2011 School Year (September 7, 2010 –June 30, 2011). There is no enrollment fee. Preschool/Pre-K options are: Monday – Friday (5 days), Monday, Wednesday and Friday (3 days) or Tuesday and Thursday (2 days). Early Intervention classes have flexibility regarding participation days as long as it's a minimum of 2x/week on-site. The following description outlines all of the early childhood enrichment classes for the fall. Tuesday, September 7 is a staff development and organization day. Fall classes begin the Wednesday after Labor Day, September 8, 2010.

- **You and Me** (mommy, daddy and/or alternate caregivers) classes are offered in English and Spanish. These classes are for all parents who want to learn about their individual child's development and learn preventative parenting techniques.
 - **The Chicks** "You & Me" class is a new class for infants and parents or caregivers who want to learn about development and parenting. This class is for 3-12 month olds. Currently runs on Saturdays from 11-1 p.m. with Shelley Cox.
 - **The Penguins (Penguinos)** "You & Me" class is for 12-18 month olds. Currently is on Mondays from 11:30-1:30 p.m. with Lupe Ibarra-Smith. Spanish-Speaking only.
 - **The Dolphins** "You & Me class is for 18-24 month olds.
 - **The Seals** "You & Me class is for 24-36 month olds.

- **The Ducks** toddler class is a drop off class for toddlers (Approximately 18-28 months old). This is a small class (6 children maximum) that meets for 3 hours with a 1 to 3 ratio. The curriculum is designed for typically developing peers and is modified and adjusted for both gifted and developmentally delayed. Highly qualified child development specialists and developmental interventionists who are able to meet the individual needs of children at all levels teach the class.

- **The Bears** classes are for older toddlers (Approximately 2 ½ -3 ½ year olds). This is a transition to preschool classes. The class meets for three hours and has a 1 to 4 ratio of interventionist to child. This class is designed for typically developing children and is modified and adjusted for both gifted and developmentally delayed children. Highly qualified child development specialists and developmental interventionists who are able to meet the individual needs of children at all levels teach the class.

- **The Tigers** class is a pre-school enrichment class for 3 to 4 year olds. We are not, a licensed Day Care Center. We offer an enrichment preschool class to support the creative nature of young learners. This is a structured class that focused



on specific topics which when combined make up a rich selection of literacy, exploration and science, early problem solving skills, music and movement and opportunities to try new activities. The class size is small. No more than 12 children are in the class with a one to four teacher ratio. This gives the teachers the opportunity to work individually with each child to peak their curiosity. With this model, we are able to support children needing extra help or provide challenging materials for children who are looking for creative ways to advance their skills. There is room for everyone in this class. Highly qualified child development specialists and developmental interventionists who are able to meet the individual needs of children at all levels teach the class. This class is offered from 8:00 to 12:00 daily.

- **The Lions** class is a pre-school enrichment class for 4-5 year olds. This class focuses on pre-kindergarten readiness skills. We are not, a licensed Day Care Center. We offer an enrichment preschool class to support the creative nature of young learners. This is a structured class that focused on specific topics which when combined make up a rich selection of literacy, exploration and science, early problem solving skills, music and movement and opportunities to try new activities. The class size is small. No more than 12 children are in the class with a one to four teacher ratio. This gives the teachers the opportunity to work individually with each child to peak their curiosity. With this model, we are able to support children needing extra help or provide challenging materials for children who are looking for creative ways to advance their skills. There is room for everyone in this class. Highly qualified child development specialists and developmental interventionists who are able to meet the individual needs of children at all levels teach the class. This class is offered two times per day the morning class will begin at 8:00 and end at 12:00 and the second class will begin at 12:30 and end at 4:30. We do not nap during the enrichment classes but we do offer opportunities for self-regulation and breaks as needed.
- **The Giraffes NEW THIS YEAR!!!** This class is a Kindergarten class for children who are need one more year of pre-school social readiness skills but are ready for a kindergarten curriculum. This class follows the state standards for Kindergarten in California. Children may be 4½ -5 ½ In September to start this class and children in the class will range from 4 1/2 to 6 years old. Because this is a new class, we anticipate that the class will be 8 children with two adults. If there are more than 8 children, there will be an additional teacher assistant in the class. The Giraffes classes are offered two times per day. This affords the opportunity for children to participate in other community activities or attend specialized programs. The Giraffes will meet from 8:00-12:00 and 12:30-4:30.
- **After School Enrichment Programs** are offered from 12:00-5:00 Monday through Friday. Children may choose from a variety of classes. They may enroll in as many sessions as you wish. Classes will include dance and movement, musical instruments, Drama, Arts and Crafts, Sports, Games and Fitness. For more information, contact Program Supervisor, Lupe Ibarra-Smith, at kidznmotion@gmail.com.
- **Social Skills Training:** This can take place in any environment in which your child is having difficulty. We offer Social Skills Intervention in any of our classes, Monday-Saturday. For example, social skills intervention can happen in our enrichment programs for children who need additional support to engage with people and materials in a less structured environment. We have structured social skills classes: Tuesdays and Thursdays from 3:30-5 p.m. and



Saturdays 9-10:30 a.m. or 11-12:30 p.m. We can also support your child in facilitated play dates, park play or other types of settings including birthday parties or preparing for family events. For more information, please contact Mary Zayani, Clinical and Social skills Director, at mkay85610@aol.com.

For more information on our other programs and services please visit our Website at www.stepbystepeduplay.com

Why Choose Step-By-Step for Infant/Toddler/Preschool or Kindergarten?

Step-By-Step	Programs in Santa Monica
1. Step-by-Step is a structured early-learning environment. <ul style="list-style-type: none"> • We encourage children to explore their environment and learn how to self-sooth with the support of nurturing and skilled staff. • We support the children in learning how to self-regulate their nervous system, • We provide developmentally appropriate support to teach children to engage, sustain and exit play with peers appropriately. • The teachers and support staff are there to support intrinsic learning and to teach new material and coping skills as children move through their developmental stages. • We are probably more hands on than other programs when hands-on is required for safety and to support the natural learning and frustration levels of children. • We want all children to feel safe and secure. • We use all language modalities including visual scheduling, simple sign language (ASL), Pictures and gestures. • We have Spanish and Farsi speaking staff. 	1. Programs vary in their level of support to children philosophically. Childcare and early learning centers promote hands off learning. Children will learn at their own pace. Setting up an inviting environment may be great for some children.
2. Small class size-maximum <ul style="list-style-type: none"> • 6 children in young toddler (Ducks) class (maximum) • 8 children in preschool transition (Bears) class (maximum) • 12 children in preschool class (Tigers) class (maximum) • 12 children in Pre-Kindergarten & Kindergarten class (Lions) (Giraffes)(maximum) 	2. Class size 18-24 children
3. High Teacher to child ratio <ul style="list-style-type: none"> • Young toddler class (Ducks): 1 adult for three children, usually an extra helper for transitions (2 interventionists on regular basis) • Preschool transition class (Bears): 1 adult for 4 children, usually an extra floater to help with toileting and transitions (2-3 interventionists) • Pre-school, Pre-K and Kindergarten (Tigers, Lions and Giraffes): 1 adult for every 4 children. (minimum 3 teachers) 	3. Teacher Ratio <ul style="list-style-type: none"> • 1 adult for 6 toddlers • 1 adult for 12 preschool age children • 1adult for 25 kindergarten age children (These are the state mandates for a licensed program. Many programs have more helpers per class)
4. Classes designed as early education enrichment program	4. Child care classes are designed for parents to



and are held at specific times during the day beginning at 8:00 and the last class ending at 5:00.	drop off as early as 7:00 and pick up at 6 or 7:00 pm.
5. We are an enrichment-program, not a licensed child-care program. We follow the state standards for a quality early childhood education program modeled after a variety of developmental and psychological theories including, elements of Maria Montessori, Barry Prizant, Dan Segal, Jean Piaget, Brazelton, Greenspan, Magna Gerber, Toni Linder, and other models of best practice in child development.	5. Licensed child care/day care program. High quality programs may be modeled after Maria Montessori, RIE, Regio, Melio, or other recognized program styles
6. Geared toward gifted, average and challenging children	6. Geared toward typical children
7. Lead teachers BA or MA/S in developmental psychology or child development (or equivalent)	7. Lead teachers must have the early childhood units required by the state.
8. Each class has at least one Early Childhood Specialist in early intervention	8. Assistants are required to have 15 units in ECE from a Jr. college.
9. Each class receives consultation from a Psychologist, Marriage and Family Therapist, or Behavior Therapist, Speech Therapist, Occupational Therapist, or Physical Therapist as needed.	9.
10. The Executive director is a Child Development Specialist, Early Interventionist, Prenatal, Perinatal and infant mental health and developmental specialist. Has her BA in Child Development/Special Education, MA in psychology and PhD in progress in Prenatal, Perinatal and Infant Psychology.	10. Executive director must have a minimum of a BA and Administration certificate for Early childhood programs.
11. The Early Childhood Program/Clinical Director is a Licensed Marriage, Family and Child Therapist with an MA in Clinical Psychology who works with families and children, not just the child. She supports behavior and developmental changes, transitions in child and families lives, and helps families prepare for developmental challenges.	11.
12. The Early Childhood Supervisor/Program Coordinator has her BA in Child Development and will be starting the 3 rd year of her Masters' program in Social work. She coordinates all of the classes and supports the staff and family in communication and any concerns or questions from the family.	12.
13. Before a child transitions to a new class at Step-By-Step or to a new program they receive a comprehensive progress/readiness report to take with them and to help the families with the transition to a new learning experience. (Based on the HELP - Hawaii Early Learning Profile: birth-age 3 and age 3-age 6)	13. Most programs offer a readiness checklist and utilize "Ages and Stages" or Desired Outcomes (family and teacher questionnaires) to help with transitions.

