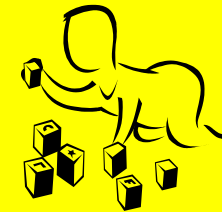


# Step-By-Step

INFANT/TODDLER FAMILY SUPPORT PROGRAM  
12 WEEK "YOU & ME" WORKSHOP

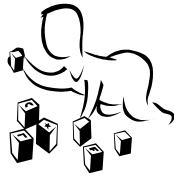


**Sign up Now!**



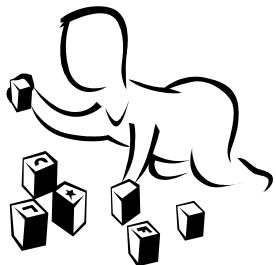
1814 14<sup>th</sup> Street, Santa Monica, Ca 90404 (310) 581-0590  
[WWW.StepbyStepEDUPlay.com](http://WWW.StepbyStepEDUPlay.com) [Info@Stepbystepeduplay.com](mailto:Info@Stepbystepeduplay.com)

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THE SANTA MONICA ASSISTANCE LEAGUE  
PRIVATE DONATIONS!



## STEP-BY-STEP

EARLY CHILDHOOD DEVELOPMENT AND EDU-PLAY  
INFANT/TODDLER FAMILY SUPPORT PROGRAM  
1814 14<sup>th</sup> STREET, SANTA MONICA CA 90404  
(310) 581-0590 [WWW.STEPBYSTEPEDUPLAY.COM](http://WWW.STEPBYSTEPEDUPLAY.COM)



## ORIENTATION

1. CALL FOR AN APPOINTMENT
2. COMPLETE THE APPLICATION
3. START THE WORKSHOP



## CLASS DAYS & TIMES

MONDAYS	11:00-1:00
TUESDAYS	2:00-4:00
WEDNESDAYS	9:30-11:30
SATURDAYS	9:00-11:00
	11:00-1:00



## WHAT TO EXPECT



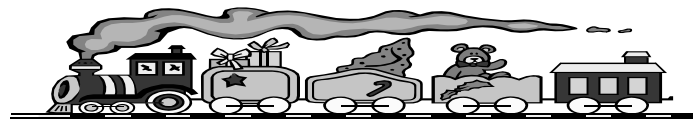
### A Typical Session:

- The first 30 minutes is social for your infant/toddler and you to meet, greet, and settle in. During this time, the facilitators are able to observe each child's developmental patterns and activities.
- Approximately 60 minutes for facilitated play and discussion
- The final 30 minutes is for parent-to-parent support, interaction, and closure. (This is an opportunity for more individual time with each of the facilitators or for question and answers)

### Preparation for sessions:

- Play oriented-Dress comfortably and wear socks we play in a shoeless environment!
- The group is facilitated by two highly trained Specialists.
- Each class will have no more than eight infants or toddlers.
- One or both parents may participate. (caregivers are welcome to accompany the parent or parents)
- It is normal for infants and toddlers to tire and may not be able to "play" for the full time. It is fine to nurse, feed or let your baby sleep if they need to.
- After attending the orientation, families may join at any point in the training segment. The classes will be repeated.

## WEEKLY TOPICS



- Typical and Atypical Development - The Developmental Domains!
- What is Attachment and Attunement and Why is it Important for Development?
- Utilizing tools to use in everyday activities and routines!
- Speech, Language and Communication Tools and Techniques!
- Fine, Gross and Sensory Motor Skills, & How to Support Growth & Development!
- Cognitive and Social Emotional Development – The purpose of Play!
- Parenting Techniques and Strategies for "Won't vs. Can't" Behaviors!
- What is Occupational, Speech or physical or behavior intervention or therapy?
- Sifting through the information online – Discussion of evidence based treatments!
- Maximizing Natural Environments and Community Resources!
- Becoming a collaborative advocate for your child.



For more information call (310) 581-0590

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